

Free Fall

Class Lesson Plan

GGG FRF Retail \$9.00



Marketing Tips

1. Display shop sample with pattern attached.
2. Display kits nearby. Students are often eager to buy a kit rather than select the fabric themselves.
3. An all day workshop works well for this pattern. The pattern is very easy to follow and quite detailed with lots of diagrams.

Pre-Class Preparation

Have Students read through the pattern before class to get a general understanding of the process and then complete the steps below.

1. For reference, cut a ¼” swatch of each fabric, number it and staple it to a piece of paper.
2. Press the center crease from all the fabrics.
3. Follow the cutting instructions and cut the required number of 2 ½” strips from each fabric.
4. Prepare the backing, grid and batting sandwich if they feel confident doing that at

home. Or help them do that before continuing with the class plan. If they are going to use Adhesive Spray, it's nice if they do that at home.

Class Plan

The goal for the class is for the students to begin sewing the segments of the strip sets Quilt-As-You-Go through the batting, grid and backing. They need to be comfortable directionally sewing the strips into strips sets, pressing them, cutting the segments, removing the seams and following the chart. No one leaves until they get it! ☺

Students should have their patterns open on the table next to them and follow along. This will help them understand the pattern so that they can continue at home and know exactly where they left off.

1. Check to see that the students have followed all of the pre-class preparations. The swatch reference chart is very helpful.
2. Discuss the method for directional piecing the strip sets e.g. sewing with the even numbered strip on top.
3. Have the students begin sewing the strips together to make the strip set. All students need to understand the process of cutting segments and taking them apart at the proper seam following the chart.
4. Follow the pattern instructions to cut the strip set in half and then sew each half into a tube.
5. Follow the chart in Figure B and make the first 3 cuts (1, 3 & 5) from the Odd tube and the next 3 cuts (2, 4 & 6) from the Even tube. Lay segment 1 face down on the table with segment 3 face down on top of it and then segment 5 face down on top of 1 & 3. Turn the segments over and put a pin in the top labeling them "Odd". Do the same with Even cuts 2, 4 & 6. Now when the student takes a segment from the top of each pile, the segments will be in the proper order. As they select each segment, remove the stitching at the appropriate seam per Figure B – "Between Strip Numbers". Make sure that they understand the difference between Strip # and Fabric # in Figure A since Strips #1 – 4 are all Fabric 1.
6. Follow the instructions in the pattern and begin sewing the segments on to the batting, grid and backing sandwich laying segment 2 on top of segment 1 leaving space for the borders as explained in Step 1 of Assembly. The seams should nest. If they do not, check to be sure that the segment is correct.
7. Once the students have sewn a few of the segments, they can continue on their own. They should refer to the cover photo to verify that they are shifting the segments correctly.
8. Once the students have completed the bargello or before they leave for the day, discuss piecing the borders.

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