

Heart Song Pattern

GGG HS Retail: \$9.00



*Bargello Quilt-As-You-Go and
Fusible Raw Edge Appliqué Techniques
Table Runner and Placemats*

Hearts are not just for Valentine's

Class Marketing Tips

1. Display shop sample with pattern attached.
2. Display Kits nearby. Students are often eager to buy a kit rather than select the fabric themselves. Lots of opportunity for embellishments.
3. Two 3 - 3½ hour classes work well for this pattern

LESSON PLAN

Pre-Class Preparation

Recommend that students use a combination of flannel with a grid (Maywood makes Creative Grid) and a very thin batting (Hobbs Thermore works well). This eliminates the time it would take to draw a grid on the batting.

Have Students:

1. For reference, cut a ¼" swatch of each fabric, number it & staple it to a piece of paper.
2. Follow the steps in the "Cutting the Table Runner Strips" section of the pattern and press and cut all the strips.
3. Follow the instructions in the "Preparing the Backing and Batting" section of the pattern and layer backing wrong side up, flannel grid wrong side up, and lay the batting on top. (More details in the pattern.) Keep the edges along the left side and top even. Use adhesive spray or safety pins to secure the layers.

Grizzly Gulch Gallery Class Lesson Plan

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First Class — 3 to 3 ½ hours suggested

The goal for the first class is for the students to begin sewing the segments of the strip sets onto the batting sandwich.

1. Check to see that the students have followed all of the pre-class preparations.
2. Discuss the method for directional piecing the strip sets e.g. sewing with the even numbered strip on top.
3. Have the students begin sewing the strips together making just one strip set. This way they can spend more class time sewing the strips onto the backing sandwich and learning the shifting process. They will then make the remaining 2 strip sets at home.
4. Cut the strip set in half.
5. Press the seam allowances in half of the strip set up and press them down in the other half. Sew each section into a tube. (At home they will do the same for the 2nd full width strip set.)
6. Follow the chart in Figure B and make the first 3 cuts (1, 3 & 5) from the Odd set and the next 3 cuts (2, 4 & 6) from the Even set. As the cuts are made, remove the stitching at the appropriate seam per Figures A & B. As you make the cuts, lay segment 1 face down on the table with segment 3 face down on top of it and then segment 5 face down on top of 1 & 3. Turn the segments over and put a pin in the top labeling them “Odd”. Do the same with Even cuts 2, 4 & 6. Now when the student takes a segment from the top of each pile, the segments will be in the proper order.
7. Follow the instructions in the pattern and lay the segments on the batting and backing using the grid for alignment. Flip and sew following the instructions and charts.
8. Once the students have sewn a couple of segments, they can continue on their own. (*Note: Students should have the bargello part of the runner completed, if at all possible, before the second class – but they will square up the runners and learn about binding in the second class.*)
9. Explain the procedure for fusing the web onto the appliqué fabrics. If they have time, they can prepare some fabric before the next class.
10. Discuss the possible embellishments and ask them to bring those supplies to the next class.

Second Class — 3 hours suggested

Have Students bring their embellishment supplies. This 2nd class is less demanding, but the students really enjoy it and learn by discussing and seeing each other's work.

1. Have each student show her project. Discuss progress and any problems.
3. Square up the runner - Draw lines first, measure to be sure that it is square and then cut on the drawn lines.
4. Demonstrate binding, mitering etc.
5. The remainder of the class can be spent making and applying the hearts to the runner and embellishing them. Students may want to make placemats also.